

LE TAG

A WORD FROM THE EXECUTIVE VICE-PRESIDENT

Hello everyone!

We have just received the Constructo magazine, which publishes each year a list of LEADERS OF CONSTRUCTION in Quebec. Again, Armatures Bois-Francis inc. is listed as the leader in reinforcing steel in terms of the CCQ hours worked, ranking first in our profession. Overall, two of our best customers, Pomerleau and EBC, rank as number 1 and 2, while we are ranked 29th among the best construction Companies in Quebec, all disciplines combined. It is safe to say that ABF has the wind in its sails and that growth is back after a few difficult years.



I have the honor to sit on the Executive Committee and the Board of Directors of the Quebec Association of Highways and Road Builders (ACRGQ), which brings together the largest construction companies in Quebec. During our last Board meeting, we invited the Quebec Construction Commission for a presentation on the economic outlook for our industry during the upcoming years. The good news is that it appears that the increase of work, which has started this summer and fall, as well as the upward prospects for the construction Industry in Quebec, are here to stay at least for a few years considering the beginning of several major construction projects.

I cannot end 2018 without thanking you from the bottom of my heart. You, our faithful employees, without whom ABF Reinforcing Steel Inc. couldn't reach the heights, nor go through difficult times that we have known. You have always been there and have continued to be faithful. THANK YOU! I also would like to take this opportunity to wish you a happy Holiday Season and a happy New Year! Enjoy every moment you spend with your loved ones!

François Vallières, Executive Vice-President

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249, Bonaventure Blvd
Victoriaville, Qc
G6T 1V5
Phone : 819 758-7501
Fax : 819 758-2544
www.abf-inc.com

E-mail address :
imorency@abf-inc.com



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Management wishes you a verry happy Holiday Season!

Take this opportunity to spend time with your family!

Good news!

Here are a few projects recently

obtained by ABF:

- * Îlot Mary-Robert Condos Montréal 2 300 tons
- * Divers Projets du REM Montréal 3 000 tons
- * SSQ Cité Verte Ste-Foy 750 tons
- * EXCELDOR Beloeil 450 tons
- * Cité Centrale St-Léonard 350 tons

Welcome to all the new ABF team employees!

Upcoming Statutory Holidays

From December 24, 2018 to January 4, 2019

(Christmas vacation)



Christmas Party 2018



Last December 7th, the ABF Christmas Party was held at the Club de golf of Victoriaville. The evening was a success !



REMINDER

All those who have done their WHMIS 2015 training online with ASP Construction must send Alain Perron a copy of their card or certificate.



Happy New Year

MISCELLANEOUS EVENTS

“Rod D’Or 2018” Award !

Chosen Value : Being involved

Office : Dominic St-Pierre

Plant : David Couture

Ottawa Const. site : Bruno Tassé

Montreal Const. site : Jean Laflamme

Québec Const. site : Francis Bédard



Congratulations !

Halloween 2018

Congratulations !



2-Danya

1-Gilbert

3-Nancy H. & Mathieu H.-B.

OCCUPATIONAL HEALTH AND SAFETY

Don't let winter stop you cold...Observe winter safety!

Each year, tripping and slipping, what is called falls on the same level, cause more injuries than falling from higher up, such as from a ladder or down the stairs. In winter, freezing temperatures, harsh winds, knee-deep snow, and deadly ice represent great risks. For outdoor workers, wintertime means additional hazards to deal with.



A chilling reality...

In the winter, anyone working outdoors must be aware of the additional risks associated with this season, namely hypothermia, frostbite and falls. Various environmental factors like wind (wind-chill factor), freezing rain (slippery surfaces) and snowsqualls (reduced visibility) can make things even worse. Furthermore, the human factor is also present. Haste, distraction, and transporting objects that block the view add to the risks of falling.



Hot tips for cold weather...

Here is how you can prevent the cold season from sending chills down your back:

Dress warmly by wearing multiple layers of clothes for maximum protection. Wearing warm clothes should not prevent you from also wearing all the protective gear that you need to do your job safely.

Keep your feet warm by wearing insulated and waterproof safety boots with non-slip soles.

Protect your extremities by properly covering your head, your feet and your hands.

Always keep a small shovel and some thawing agent on hand in order to remove any snow or ice from your work area.

Eliminate traps by keeping your work area tidy at all times. Identify any dangerous zone (hole, slippery surface, etc.) that a layer of snow might cover and turn into a hidden trap.



Give winter the cold shoulder!

A winter-specific diet and lots of exercise can increase your stamina when working in cold weather. In any event, you should always pay attention to symptoms of frostbite (stinging, tingling, pain, white spots, etc) or hypothermia (intense shivering, confusion, etc.). Should you experience any of those symptoms, head immediately to a warm and dry place.