



Le TAG



Quarterly report / June 2025



A word from management

Hello,

Here we are at the end of the 2nd quarter, a rather difficult start to the year in which we had to show courage and team spirit to get through the various human and operational challenges we faced.

The political instability at the start of the year seems to be easing somewhat, but the industrial sector is still on its toes, with the threat of customs duties on the horizon and protectionist measures seemingly on the way. Actually, we are sensing a revival in residential activity in our sector, based on low vacancy rates and falling interest rates. For us, this sector represents the best growth potential of all the construction sectors in which we operate.

With public finances under pressure, a number of major projects appear to be in neutral, although we hope this situation will only be temporary. In fact, the last few weeks may lead us to believe that the 2nd half of the year will be even better, with some twenty new projects due to get underway shortly, most of them related to the locative residential sector as mentioned above. As usual, we know we can count on all our legends to pitch in and make a difference if we need to kick things up a notch in the company's various departments, and thus try to catch up on our mid-year backlog.

As we approach the summer vacations, we urge you to be cautious with your activities and travels, which are often more numerous. Your health and that of your loved ones is important to us, because without you, nothing is possible.

On behalf of myself and management, we would like to thank you for your hard work and commitment to ABF!

Marco Fortin, General Manager

Upcoming Statutory Holidays

Tuesday, June 24, 2025

(for Quebec only):

St-Jean-Baptiste Day

Monday, June 30, 2025

(for Quebec only):

Canada Day

Tuesday, July 1, 2025

(for Ontario only):

Canada Day

Monday, September 1, 2025:

Labour Day



In this issue:

P. 2—New projects

P. 3—In memory of Dominic

P. 4—ABF events

P. 6—Your social club

P. 7—Your IT news

P. 9—Your HR news

P.10—Health and Safety on vacation

P.11—New employees

New projects



Mission Unitâinés, Mascouche - 400 MT



Welldale LP, Ottawa - 1 300 MT



Le Philippe 2, Quebec - 1 000 MT

And not forgetting...

- ✱ 788 March Road, Ottawa, 1 600 MT
- ✱ Skyblü 3 Urban Condos, Mirabel, 1 000 MT
- ✱ SADB Ste-Anne-de-Bellevue, 1 000 MT
- ✱ New Napanee WPCP, Napanee, 900 MT
- ✱ Zen BB Development, Gatineau, 800 MT
- ✱ Faubourg Lacordaire PH4, St-Leonard, 800 MT
- ✱ Anima social housing, Montreal, 700 MT
- ✱ Utile Le Cardinal, Montreal, 600 MT

In memory of Dominic

On April 17, the ABF family was struck by a tremendous loss: that of Dominic St-Pierre, a true icon of our company.

With us for the 26 years, Dominic always stood out for his dedication, availability and helpfulness. He embodied ABF's values with passion—he literally had the company tattooed on his heart.

His kindness and generosity have left an indelible mark on our lives. His memory will live on in all of us, and will continue to inspire our daily lives.



We will never forget you!



ABF events

On March 27, the ABF Wellness Committee put a vitamin twist on office and factory legends by preparing delicious smoothies and handing out tasty energy balls. A small gesture to boost energy and share a convivial moment with colleagues. At the same time, the committee handed out a short questionnaire on the company to test everyone's knowledge. Some legends scored 100%... Too good!



ABF events (continued)

On April 30, we celebrated the retirement of Robert St-Pierre, after 33 years of loyal service in the office.

Thank you Robert for all you've contributed to the company over the years!



Your social club

The ABF social club committee invited its members and their families to the sugar shack on April 12. The event took place at Victoriaville's Érablière du Mont St-Michel.

A moment filled with smiles!



Your IT news

Cookies: the digital crumbs that reveal your identity

Today, your online life is a goldmine of personal information - a treasure map where every click, purchase and scroll leaves a trail of data. Imagine an immense invisible network that collects fragments of your life: the shoes you've watched, the articles you've read, the itineraries you follow and the moments you share.

We expose the hidden world of data collection, starting with one of the most widely used but misunderstood tracking tools: browser cookies. Like their delicious namesakes, these digital parcels may seem harmless at first glance, but they can leave a bitter aftertaste of privacy invasion. While you may not be able to control every piece of data collected about you and your family, you do have a powerful weapon in this digital landscape: knowledge. And that knowledge starts with understanding how these seemingly inoffensive trackers work and, more importantly, how to protect yourself.

The cookie jar: understanding digital tracking

Think of cookies as little digital notes that websites leave in your browser - like a virtual trail marking your online passages and actions. When you visit a website, it creates these little text files that remember things like your login information, the items in your shopping cart and your browsing preferences. While this may seem convenient (and it often is), these digital notes can contain a lot more personal information than you might think.

When digital convenience becomes a privacy risk

Whenever you accept cookies on a website, you are potentially sharing elements of your digital identity with that site and, often, with many other companies. This information can include your browsing habits, localization data, device information and even details of your online purchases. If this data falls into the wrong hands following a security breach or cyber attack, criminals could gather enough information to attempt identity theft, access your accounts or create sophisticated phishing attacks specifically against you.

Knowing when to say « no thanks » to witness collection

Most Web sites work perfectly well even if you reject their cookies. While accepting cookies may offer some convenience, protecting your privacy is often more important. Here are three critical situations where you should always decline:

1 - On unknown or suspicious websites

When browsing sites that you don't fully trust or that don't have appropriate security (look for the padlock icon in your browser's address bar), it's crucial to refuse cookies. These sites may be more vulnerable to attacks, potentially exposing any information stored in their cookies to cybercriminals.

(continued on next page)

Your IT news (continued)

Cookies: the digital crumbs that reveal your identity (continued)

2 - When third-party witnesses are involved

If a cookie notice mentions "third-party cookies", this means that the website is seeking permission to share your data with other companies. These third parties can create detailed profiles of your online behavior, which can be sold, stolen or used for targeted manipulation. Always refuse these cookies to maintain better control over your personal information.

3 - During sensitive transactions

When conducting personal transactions online, be selective about cookie permissions. While reputable financial institutions and health care providers use the necessary cookies to secure your sessions, be wary of you from accepting additional tracking cookies on sites where you enter sensitive personal details such as your social security number, financial data or medical information. This helps minimize exposure of your most sensitive data during your online activities.

Clean up your digital footprint: why and how to delete cookies

Regular cookie cleaning is like tidying up old files in your office- it helps protect your privacy and keep your digital life organized. By suppressing cookies, you're essentially erasing the trail that websites have collected on you. Here's how!

For computer browsers : Click on the menu at the top right of your browser and go to Settings. Search for "cookies" in your browser's parameters search bar, and you should find an option to erase or delete cookies stored on your device.

For iPhone : Go to Settings > Safari > Clear history and site data.

For Android : Open Chrome > Settings > Privacy & Security > Clear browsing data.

Taking control of your digital identity starts today

The digital world offers incredible convenience, but this shouldn't come at the expense of your privacy and security. As an organization, we want to ensure that you have the tools and knowledge you need to make informed decisions about your online privacy.

Remember to stay alert, informed and safe. ♦♦♦♦♦

(Source: Sécurizone, January 2025)



Your HR news

Civility at work : whether you're wearing a helmet, boots or a jacket

Whether you're behind a screen, at the end of a production line or on a floor 10 meters above the ground, one thing never changes: civility is essential. And no, it's not just a matter of "hello" or "thank you" (although that helps a lot).

What's the field version of civility ?

It's :

- Don't pretend you can't hear when a colleague calls (even with earplugs).
- Don't shout « Have you seen your helmet?! » across the construction site (tempting though it is).
- Say « thank you » when someone passes you a tool, report or coffee.
- Don't monopolize the coffee machine or the drill as if it were a family heirloom.
- Avoid stinging comments, even when the day is long and the machine is acting up again.

Why is this important, even with earplugs ?

Because a respectful climate prevents tension, miscommunication and sometimes even accidents. When we talk to each other, we work better. And frankly, who wants to spend 8 hours a day in an atmosphere of silent competition or passive-aggressive sarcasm ?

How can you be civil, no matter what the setting ?

- A hello, a smile, a helping hand: it works everywhere.
- Respect other people's spaces and tools, whether it's a desk or a drill.
- Listen without interrupting: even if you've already guessed the end of the sentence.
- Handling conflict without shouting (or swinging the bolt cutters).
- Setting an example: civility is contagious (and without side effects).

In a nutshell

Civility isn't about location, it's about attitude. Whether you're wearing safety boots or dress shoes, you have the power to make your workplace more pleasant. And that's stronger than a double coffee.

Human resources team

Health and safety on vacation

Summer too short? Carelessness could cut it short!

Summer at last! But to make sure the hot season doesn't turn into hell, we always have to think about safety!

A place in the sun...

If sunshine and good weather have a positive effect on your morale, the same cannot be said for health. Enjoy the sunny days without leaving your skin behind:

- ✓ Avoid unnecessary exposure to the sun.
- ✓ Coat your skin with a protective cream with an SPF of at least 15.
- ✓ If you go swimming, use a water-repellent cream and reapply after drying off.
- ✓ Do not expose babies under one year of age to the sun.
- ✓ Drink plenty of water, in small quantities at a time, as well as fruit juice.
- ✓ Eat foods rich in essential minerals (potassium, sodium, etc.) and vitamin C.
- ✓ Avoid fatty foods, diuretic drinks (coffee, tea and cola) and alcohol.
- ✓ Avoid strenuous exercise during periods of maximum sunshine (between 11am and 3pm).

On the holiday debacle

If you like to hit the road in search of adventure, here are a few tips to help you avoid mishaps:

- ✓ Have your vehicle inspected before you leave.
- ✓ Find out where you're going and how to get there.
- ✓ Plan your itinerary and let your friends and family know where you're going and how long you'll be gone.
- ✓ Take all your essential documents (driver's license, health insurance card, prescriptions, etc.) and prescription medication with you.
- ✓ If you're traveling with young children, pack snacks and plan frequent stops.
- ✓ Travel on well-lit, well-travelled roads with services (service stations, rest areas, etc.).
- ✓ When making stops, park in conspicuous places and put your valuables in a safe place and lock your doors.
- ✓ Always keep an eye on children during your stopovers.

What's bugging you?

Summer means insect bites. These tips are aimed at allergy sufferers and young children:

- ✓ Use a safe and effective repellent, and apply it according to the instructions on the label.
- ✓ In the event of a known severe allergy, get a bracelet identifying the allergy, and keep your emergency kit (auto-injector) handy at all times.

Questions? Contact your OHS team!

New employees

Name	Department
Ariel Mestre Silva	Factories
Arole Passy Kameni Anani	Construction sites
Axel Fontaine	Construction sites
Bruno Roy	Construction sites
Dean Staffen	Construction sites
Hugo Guimond	Construction sites
Jérémy Nantel	Construction sites
Jonathan Bil Kabal	Construction sites
Kelly De Serre	Offices

Name	Department
Laurent Nault	Construction sites
Luc Lanthier	Factories
Mamady Kamara	Factories
Mathieu Toutant	Delivery
Michaël Joubert-Houle	Construction sites
Pascal Nadon	Construction sites
Williams Cornejo-Gougeon	Construction sites
Yohan Girard	Construction sites

Welcome to all new employees into the
ABF family! 😊

Contact me!

Contact me to obtain or submit additional information:

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